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5. Verbal and nonverbal communication

Tato přednáška byla vytvořena pro projekt "Rozvoj vzdělávání na Slezské univerzitě v Opavě"

Předmět: Intercultural Communication



VERBAL AND NON-VERBAL COMMUNICATION

The aim of the lecture is to briefly tackles the verbal and non-verbal communication and its importance for business communication.



VERBAL AND NON-VERBAL COMMUNICATION

Overview

Introduction to Verbal communication Types of verbal communication Introduction to Non-Verbal communication Types of Non-verbal communication



- □ Almost every job requires workers to use verbal communication skills. That's why verbal skills are highly ranked on the candidate evaluation checklists used by many job interviewers.
- Effective verbal communication skills include more than just talking. Verbal communication encompasses both how you deliver messages and how you receive them. Communication is a soft skill, and it's one that is important to every employer.
- □ The three different types of communication are verbal, nonverbal and visual.
- □ The two major forms of verbal communication are written (or typed) and oral.
- □ Consists of words, sentences and phrases.
- Acts as the primary tool for expression between two or more people .
- □ Is sharign of information between individuals by using speech.
- □ Success depends on the speaking ablitity and on the listening skills.



Four types of verbal communication

□ 1. Intrapersonal communication:

This type of conversations are extremly private, silent conversations we have with ourself.

2. Interpersonal communication:

Between two individuals, one-on-one conversation.

3.Small group comunication:

More than two people involved (board meetings, team meetigns)

4.Public communication:

One individual addresses a large gathering of people (public speeches)



- People who communicte with a friendly tone and smile always have the adge. Be friendly to the others.
- □ Think before you speak.
- Be clear.
- Don't talk too much, be consise.
- □ Speak with confidence.

□ Focuse on your body language.



Listening is the key to all effective communication.

- □ Messages are easily misunderstood without the ability to listen effectively.
- □ Many top empoyers provide listening skills training for their empoyees because it's very important.
- Listening is not the same as hearing.
- □ It requires focus and concentrated effort.



- Active listening is helpful skill for any worker to develop.
- □ It helps you truly understand what people are saying in conversations and meetings.
 - Why is this important?
- Because it means focusing fully on the speech but also actively showing verbal and non-verbal sing of listening.
 - Sings of active listening
- □ Non-verbal sings smile, eye-contact, posture, mirroring, distraction.
- □ Verbal sings remembering, reflection, clarification, summarisation.



- **Building Trust:** "Tell me what I can do to help."
- Demonstrating Concern: "I am eager to help you; I know you are going through some tough challenges."
- □ **Paraphrasing**: "So, you think that we need to build up our social media marketing efforts."
- □ Brief Verbal Affirmation: "Thank you. I appreciate your time in speaking to me."
- □ Asking Open-Ended Questions: "It's clear that the current situation is intolerable for you. What changes would you like to see?"



- □ Asking Specific Questions: "What is your average rate of staff turnover?"
- □ Waiting to Disclose Your Opinion: "Tell me more about your proposal to reorganize the department." "Can you please provide some history for me regarding your relationship with your former business partner?"
- □ **Disclosing Similar Situations:** "I was also very conflicted about returning to work after the birth of my son."



Active listening presumes:

Focus on yourself (Are you ready to listen?)
Listen to yourself (Where is your mind today?)
Make sure that you are JUST LISTENING!

Barriers to active listening:

- □ Talker not speaking loudly
- □ Room temperature (hot or cold)
- □ Clock watching
- Loud noises



Oral communication

- Verbaly transmiting information and ideas from one individual on group to another
 Types
 - Types
- □ Informal face-to-face conversation, telephone conversation, discussion that take place at business meeting
- Formal pressentations at business meetings, classroom lectures, speech given at a graduation ceremony
 Modern types of oral communication
- □ Video phones and video conferences, podcast, voice over the internet protocol (skype).



- □ Pronouncing the words clearly is an important thing to be remembered.
- □ Words have to be pronounced by changing their tones.
- Avoiding fillers (,,um, ah, hmm, etc. ,,) could be irritating for listeners.
- □ Interrupting the speaker is considered a sing of poor communication in a face-to-face conversation.
- □ Careful listening and speaking clearly si important and it helps respond in a proper manner.
- □ Always make an eye contact with the listeners.
- □ Asking questions and answering the question with correct details.



- □ It is not advisable to carry on the communication process without understanding a particular point.
- □ In a communication process, body language of a person is considered as important as the spoken words.

Oral communication skills are important for

- □ Managerial role
- □ Work place success
- □ Secure a new job
- □ Advance your career



Readers use strategies to understand what they read

Reading strategy 1. – purposeful reading

□ If you are looking for answers to questions

General understanding of a topic or issue

□ You can create this purpose: - REFER TO (assessment tasks, lecture slides, tutorial questions,, textbook questions)

- CREATE (questions based on lacture

slides or on the skim of the text..)

- CONSIDER (what you already know)

Purposeful reading can halp you read faster and more selectively.



- Reading strategy 2. scanning
- □ Reading quickly to search for specific information
- Scanning allow you to ,,read" up to 1,500 words a minute Reading strategy 3. – skimming
- □ As with scanning, skimming does not involve reading every word. Instead, you may skim by reading:
 - titles
 - subheadings
 - words in that are in bold, in italics or underlined
 - diagrams
 - chapter objectives
 - chapter summaries



Reading strategy 4.- information words

- □ This may require ability to conduct "surface reading".
- □ It is worth remembering that no more than 50% of the words in an average textbook are "information" words.
- □ If you concentrate on information words, you can read faster and with better comprehension.
- □ Look for the message, and the information words will emerge naturally.



- Good writing skills are bedrock of good commication and could help you to connect with people
- □ You are able to write cleary, concisely and correctly
- □ Bad writing creates a terrible impression
- Common methods at communication in workplace
- **E**mail
- Remember, there is a crucial element missing in this form of communication tone of voice and facial expressions and this cannot be fixed by using smiley faced emoticons!
- □ To warm up the conversation, start on a personal note
- □ Avoid using words with strong emotional connotations;
- □ Keep it short and use simple sentences
- □ Read your email twice to correct errors or rephrase parts of it



Report Writing

- □ It analyses a problem, discusses it, and makes recommendations for action.
- □ Follow a formal structure and break it down into headers and subheaders.
- □ Start with an introduction, follow that with the main body of the report, and end with a conclusion.
- □ Also, prepare a page-long or even shorter summary or extract of your report.
- □ Never use too much jargon.



Technical Writing

- Craft and write documents such as product and service manuals
 Technical writer must do that while guiding a reader through a product or service that the latter is already having a problem with or attempting to become proficient in.
- □ Technical writing skills include the ability to be crisp and crystal clear.

Introduction to Non-Verbal Communication



- People speaks by using their vocal chords, but they converse using their entire bodies.
- □ A great amount of human behavior is emphasized through non-verbal signals.
- Over 70% of all communication is non-verbal
 - 4 categories of non-verbal communication
- □ Aesthetic involves cretive expression (dance, music, theater, etc,...)
- Physical involves bodily movements used during social interactions (smile, frown,wink,...)
- □ Signs include any signals that are used or displayed to communicate a message or that have a special meaning
- **Symbols** any material objects (jewelry, cars, clothing, etc,...)

Personal appearance

- □ Is your own image that you give out to other people.
- □ Is undeniably significant to what people think of you.
- □ It important to look clean and tidy .
- □ First impression could be about attitude as well as dress.

Gestures

- Common gestures are waving, pointing, using fingers, handshake,
- Other gestures are arbitrary and realted to culture
- Gestural language for those who cannot speak oraly (hand gestures)



Personal Appearance, gestures, and postures



- How you move your body
- Posture can reflect people's emotions, attitudes and intentions
- How people stant could say a lot about what they are thinking and feeling

Fig.1: Postures



Source: https://theartofcharm.com/art-of-dating/the-art-of-body-posture-how-to-project-confidence-with-one-simple-change/



Body and time language

 Body language
 People in the workplace can convey a great deal of information without even speaking.

Fig.2: Body language



Source:https://www.researchgate.net/post/What_is_the_percentage_ratio_of_using_your_body_lan guage_in_expressing_your_academic_idea



Body and time language

Types of body language 1. Parts of the body

2.Intent

PARTS OF THE BODY

- □ The head side to side, shaking of hair, back to front
- □ Facial expressions Eyebrows, eyes, nose, lips, tongue, jaw
- □ Body posture Body proximity (how far or close to the orher person), shoulder movements, arm placement, leg and feet placement,
- □ Hand and finger gestures move your hands and fingers, handlings the objects (pen, paper, etc,..)



Time language

- Easy to use that anyone in the world is the common language.
- is the common language of the world. Time Language is the world's languages.
- □ Time Language is a language that can be used by anyone.



- All facial organs on human face indicates facially expressive message.
- These are hair, forehead, eyebrows, eyes, mouth, chin, nose, lips, ears, teethe, tongue etc.
- Facial expressions comes naturally hence it is beyond the control of speaker.

Fig.3: Facial expression



Angry



Disgust

Fear









Surprise



Neutral

Source:https://www.researchgate.net/figure/Samples-of-eight-facial-expressions-ofthe-extended-Cohn-Kanade-database fig4 319567060



- Eye contact has very much in face-to-face communication.
- □ Absence of eye contact shows lack of interest & understanding.
- We look faster than listen or talk.
- Eyes are human windows except them there is no life.
- □ The speaker must look in to the eyes of the audience from right to left & left to right this will built up the confidence & eliminate the nervousness.
- It build the rapport between the speaker & the listener

Fig.4: Eye contact



Source:https://www.aksent.org.in/blog/6-ways-to-improve-eye-contact-skills/





- Communication and communication skills are one of the most important human abilities.
- The three different types of communication are verbal, nonverbal and visual.
- Verbal communication skills we can divided in to: Listening skills, Oral communication skills, Reading skills and Writting skills.
- Non-verbal communication or body language is based on the use of socalled non-verbal means.
- The ability to read and interpret a person's attitude can lead to gaining a lot of information about the other person.
- Signals of non verbal communication: Aesthetic Physical, Signs, Symbols.



Thank you for your attention