

Jak se stále zlepšovat?

Gretchen Rubin – Zvyk není železná košile!

- Pochopení – jak reaguju na...?
- Rozhodnutí

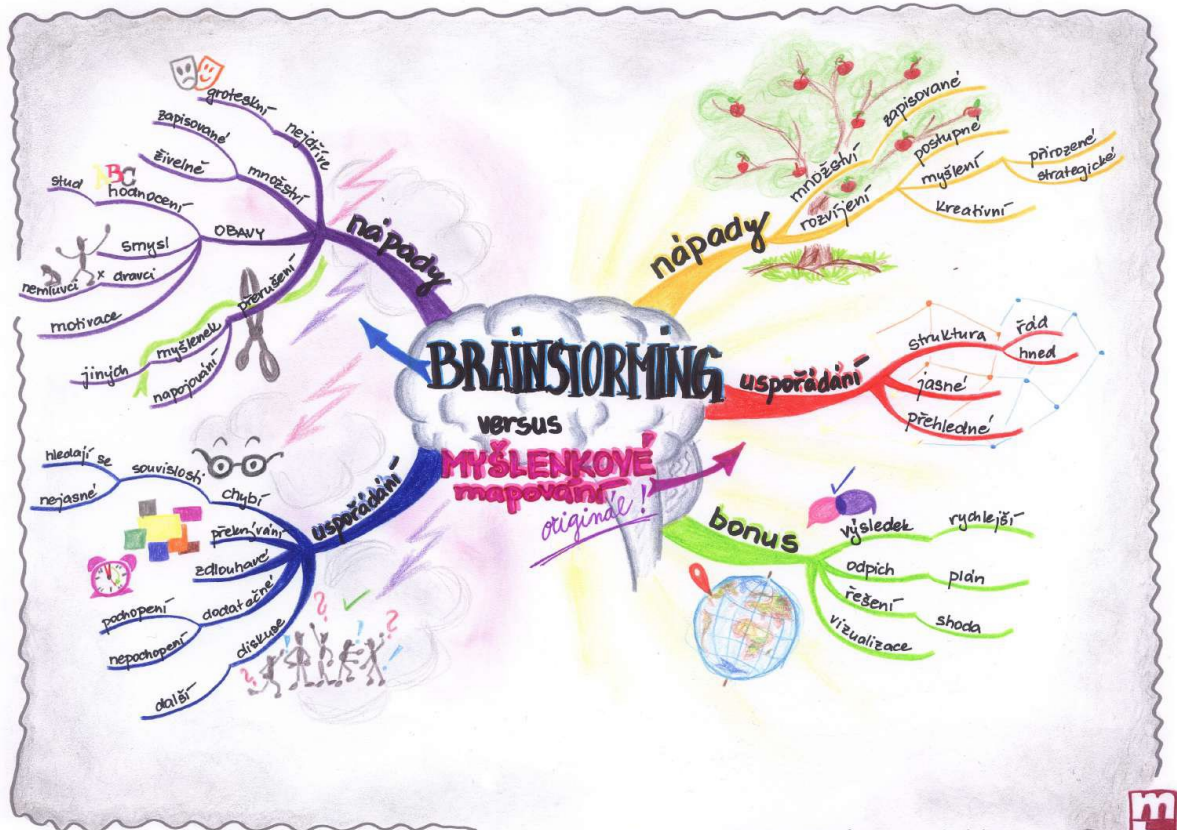
NEROZHODOVAT

- Plánování eliminuje rozhodování
- Jednoduchost / vtip
- Chvilé píle

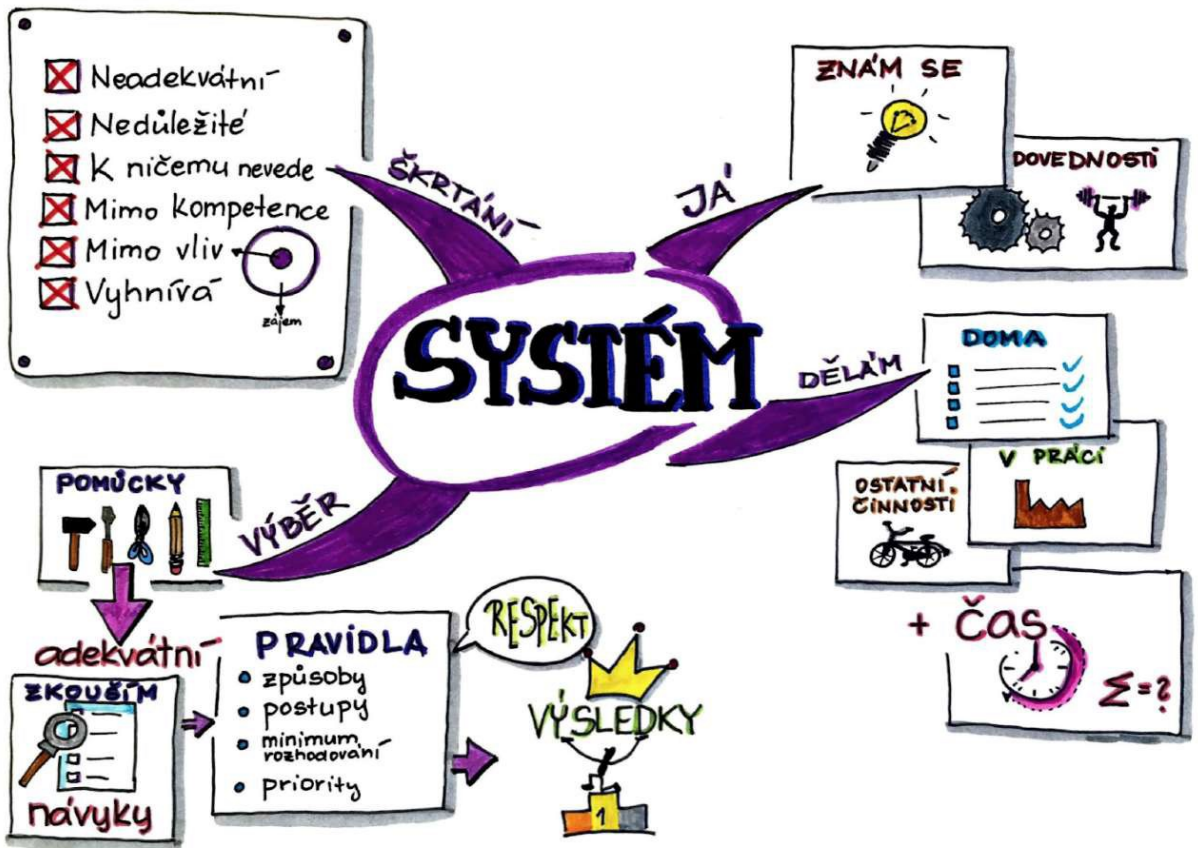
DOILER HABITS

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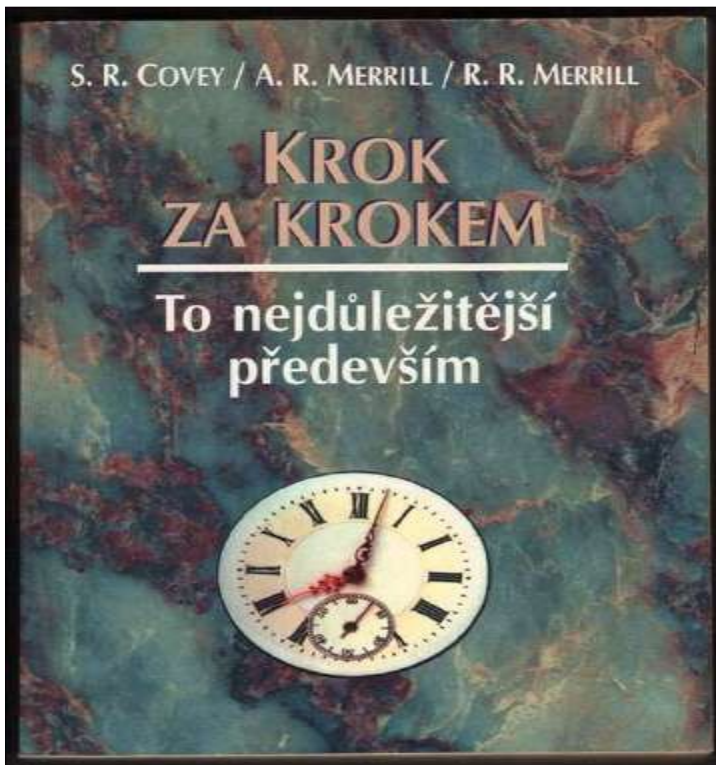
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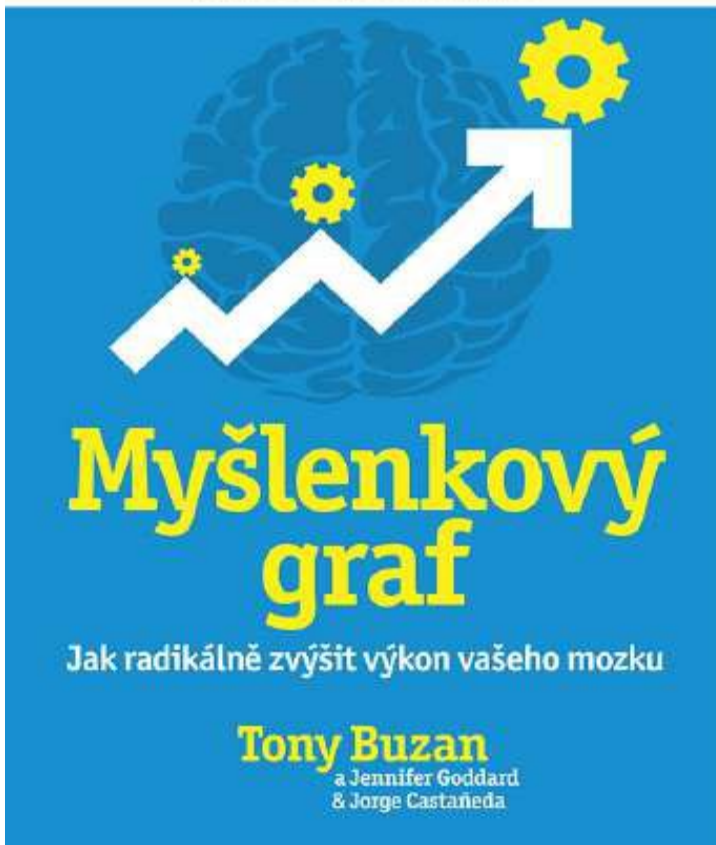
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A co dále?



Tony Buzan, autor konceptu Myšlenkových map,
přichází s další převratnou novinkou



HLUBOKÁ

PRAVIDLA PRO SOUSTŘEDĚNÝ ÚSPĚCH
V ROZTĚKANÉM SVĚTĚ

PRÁCE

CAL NEWPORT

BESTSELLER PODLE WALL STREET JOURNAL

Jan Melvil
publishing



„RADIKÁLNÍ, PŘEKVAPIVÉ
A NEPOPIRATELNĚ PRAVDIVÉ.“
—Harvard Business Review

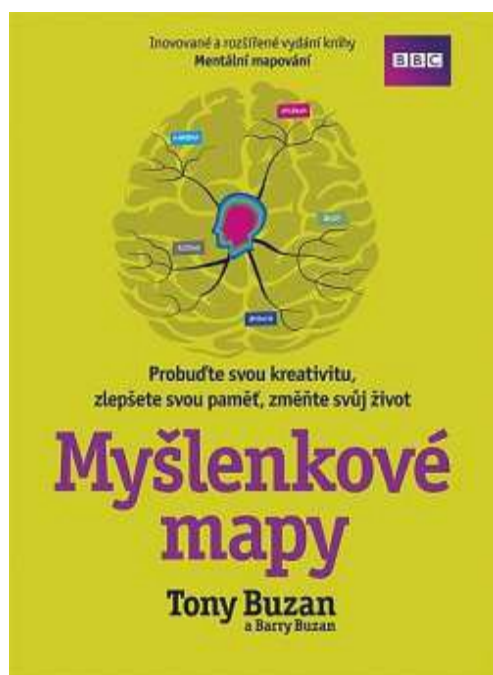
Kdy

Věda a umění dokonalého
načasování

Daniel H. Pink

Jan Melvil
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MÍT VŠE HOTOVO

Umění produktivity
bez stresu

David Allen

Prošlo více než 1 milióny výtisků,
z toho 25 000 v ČR

